

# SNACK BAR MENU

## BREAKFAST

SNACK BAR HOURS:  
OPEN DAILY 8:00AM - 4PM

### BREAKFAST BOWL \* |\$ 12.50

2 Egg | Home Fries | Grilled Red Tomato | Black Beans,  
Avocado & Pico de Gallo  
Add: Bacon | Ham | Sausage | Chorizo Sausage \$2.50 each  
| Smoked Salmon \$4.50

### BREAKFAST SPECIAL\* |\$ 11.50

2 Eggs | Toast | Home Fries | Grilled Tomato  
Add: 1 Egg | Bacon | Ham | Sausage | Chorizo Sausage  
\$2.50 each | or 6oz Steak \$12.50 | Smoked Salmon \$4.50

### 3 EGG OMELET \* |\$ 11.50

Fruit | Toast | Home Fries | Grilled Tomato  
Selection: Western, Greek, Spanish, Ham & Cheese,  
Spinach & Mushroom  
Optional: Egg White | + \$2.50  
Side: Bacon | Peameal | Ham | \$2.50 each

### EGG SANDWICH\* |\$ 9.50

Egg | Bagel | English Muffin | Toast | Wrap | Bun  
Add: Cheese | Side Bacon | Peameal | Ham | Salsa |  
Avocado | \$2.50 each | Smoked Salmon \$4.50

### BLT\* |\$ 9.50

Toasted Multi-Grain | Side Bacon | Peameal | Lettuce |  
Tomato

### AVOCADO TOAST\* |\$ 9.50

Toasted Multi-Grain | Whole Wheat | White | Olive Oil |  
Sea Salt

## BREAKFAST SIDES— MIX IT UP

HOME FRIES | SM \$ 5.50

ASSORTED FRUIT CUP\* |\$ 7.50

Chef's Selection of the Day

FRESH BAKED MUFFINS |\$ 3.50

Selection Varies Daily

BAGEL OR CROISSANT\* |\$ 3.50

Toast or Plain

Add: Cream Cheese \$1 | Smoked Salmon \$4.50 | Avocado \$2.50  
each

BOTTLED SMOOTHIES |\$ 5.50

Selection Varies

JUICES |\$ 4.25 + HEALTH BARS |\$ 2.75

Selection Varies

COOKIES | TARTS | SQUARES |\$ 3.50

Selection Varies – Ask at Counter

**\*SELECTED ITEMS AVAILABLE  
ALL DAY**

NOTE: NON- MEMBERS WILL BE CHARGED AN ADDITIONAL 10% UPON PURCHASE

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## LUNCH MENU

### SANDWICHES

PAB CLUB | \$ 13 (TURKEY OR CHICKEN)

REUBEN | \$ 12

BLT | \$ 9.50

GRILLED CHEESE | \$ 7

Bread Option: Bagel, croissant, White, brown, rye, multi-grain (Based on availability)

\$2.50 | Gluten Free Bread + \$2 Option- Plain or Grilled

### WRAPS

BEEF & LAMB GYRO | \$ 13.50

GREEK | \$ 11.50

FALAFEL | \$ 11.50

Above Wraps include: Mixed Greens | Diced Tomatoes | Diced Cucumber | Diced Red Onion | Black Olives | Feta Cheese | Tazeki or Tahini Sauce

GRILLED CHICKEN CAESAR | \$ 12.50

CRISPY CHICKEN | \$ 13.50

Optional: Buffalo Chicken in Red Hot

GRILLED VEGETABLE | \$ 11.50

Add: Cheese | Side Bacon | Peameal | Salsa | Avocado  
\$2.50 | Gluten Free Bread + \$2 Option- Plain or Grilled

### THIN CRUST PIZZA

BUFFALO | \$ 18.95

Frank's Hot Sauce, Grilled Chicken, Mozzarella, Blue Cheese Dressing, Green onion

CLASSIC VEGETARIAN | \$ 17.95

Red Sauce | Ovalini Mozzarella | Black Olives | Green Peppers | Roasted Tomatoes | Mushrooms, Spinach | (Optional: Pesto, Balsamic Glaze)

COTTAGER | \$ 17.95

Tomato Sauce | Bocconcini | Marinated Tomatoes | Shaved Parmesan | Arugula | Red Wine Balsamic Glaze

ISLANDER | \$ 16.95

Classic Red Sauce | Ovalini Mozzarella | Olive Oil | Basil

### BURGERS

Served with: Bibb Lettuce | Tomato | Dill Pickle | Red Onion | Garnish | Warm Bun | Fries

OC | \$ 13.50

Cheese, bacon, 2 onion rings

PRIME | \$ 10.50

Add: Cheese | Side Bacon | Peameal | Salsa | Avocado  
\$2.50 each

## LUNCH MENU

### FROM THE GRILL

BEYOND | \$ 10.50

BLACK BEAN | \$ 10.50

Served with: Bibb Lettuce | Tomato | Dill Pickle | Red Onion | Garnish | Warm Bun | Fries

VEGETARIAN SANDWICH | \$ 14.50

Zucchini Spears on a Warm Bun | topped with Roasted Red Peppers | Caramelized Onions | Mushrooms | Goat cheese | Balsamic Glaze

JUMBO HOT DOG | \$ 6.50

### FROM THE FRYER

CHICKEN FINGERS | \$ 15.50

HOUSE CUT FRIES | SM \$ 5.50 | LG \$ 7.50

SWEET POTATO FRIES | SM \$ 6.50 | LG \$ 8.50

ONION RINGS | \$ 6.50

POUTINE | SM \$ 7.50 | LG \$ 9.50

ZUCCHINI SPEARS \$ 8.50

CALIFLOWER BITES \$ 8.50

FRINGS | SM \$ 6.50 | LG \$ 8.50

### SALADS

COBB | \$ 15.50

Hard Boiled Egg | Chicken | Bacon | Avocado Chives | Cherry Tomatoes | Mixed Green Add: Blue Cheese or Feta \$ 2.50

CAESAR | SM \$ 7.50 | LG 12.50

Bacon | Parmesan | Croutons

GREEK | SM \$ 7.50 | LG 12.50

Cucumber | Red Onion | Black Olives | Feta Cheese | Cherry Tomatoes

HOUSE SALAD | SM \$ 7.50 | LG 11.50

Mixed Greens | Cherry Tomatoes | Shredded Carrots | Diced Cucumber

Add: Crispy Chicken | Bacon | Avocado | Blue Cheese | Beets | \$2.50 each | Smoked Salmon \$4.50

Salad Dressing Selections: | Blue Cheese Dressing | Roast Garlic Dressing | Greek Dressing | Olive Oil & Balsamic

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